

JOURNEY MANAGEMENT POLICY: THE FACTS

We have been working hard here at Cabra to develop a Journey Management Policy for the company's Health and Safety Program. This policy outlines Cabra's requirements for safe travel to and from wellsites, which will be monitored through the Online Journey Management System "OSO" after the test period.

Definition: Journey Management—Process to manage risks/hazards associated with travel.

The policy provides procedures for the geologist / worker to comply with during the preplan stage of a trip, at departure, during the trip, along with important information regarding winter driving, and wildlife.

Additionally, the new policy outlines the Online Journey Management System. This system allows a worker to login to "Oso" and by click on "Start Trip" can input information regarding destination, well name, travel time, passengers, route, and emergency contact information, etc. The geologist / worker is then responsible to "End Trip" when they have arrived at their destination.

A Quick Reference to the Online Journey Management System

Access through "OSO" Tools, helps promote worker safety while traveling to and from job sites.

Start a Trip:

- Log in to "OSO";
- Go to the "Trips" tab;
- Press "Start Trip";
- Confirm and complete all required fields.

This system automatically creates a notification which is sent to the management team to advising them of geologists / workers departure to the location (wellsite) or home.

End a Trip:

- Log in to "OSO";
- Go to the "Trips" tab;
- Press "End Trip";
- Fill in kilometers travelled in the "Dialog Box";
- Confirm ending of the trip by pressing "YES".

Additionally, if the worker/geologist is 30 minutes late a notification is sent to the management team who will try and contact the worker via their cellphone. If the management is unable to reach the worker they will contact the wellsite to find out if and when the worker arrived or departed the site. Once the management team has contacted the wellsite, the next step if still unable to locate the worker will be to contact the workers "Emergency Contact". If Cabra is still unable to locate the worker the local authorities will be contacted and if necessary the prime contractor (client) will become involved.

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Special points of interest:

- Promote worker safety while travelling.
- Be Seen & Be Safe at the wellsite.

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Why do I need High-Visibility Safety Apparel

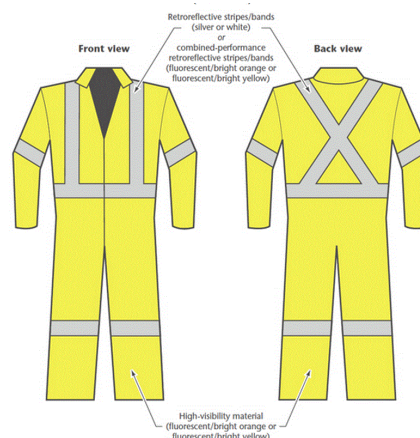
- ◆ High-visibility safety apparel is needed if you work when there is low light and poor visibility, especially if you are working around moving vehicles or equipment such as a wellsite. High-visibility items allow you to be seen as the human eye responds best to large contrasting, bright or moving objects.
- ◆ Some wellsite supervisors will refuse workers entry onto their site if the workers do not meet these basic PPE requirements.
- ◆ By March 1, 2015 there will be no exception to this requirement by Cabra.

What is High-Visibility Safety Apparel (HVSA) and Headwear

- ◆ High-Visibility Safety Apparel (HVSA) is clothing such as vests, bibs or coveralls that workers can wear to improve how well **other people/workers see them.**
- ◆ Requirements for high-visibility safety clothing for Canadian workers are found in the CSA Standard Z96-09 "High-Visibility Safety Apparel" and in "CSA Z96.1" which are guidelines on use and care of high-visibility safety apparel.
- ◆ High-Visibility Headwear should include both retro-reflective materials and fluorescent or bright colour background materials 3 attached to the head wear to provide full (360°) visibility.

Hazard Control Measure:

- ◆ **Hi-Visibility Safety Apparel will be required for all Cabra workers on all wellsites starting March 1, 2015.**
- ◆ Fire Retardant coveralls (summer and winter coveralls) with reflective pin-stripping (see picture below) will meet the CSA Standard. There are 3 different classes of High-Visibility Safety Apparel but Cabra is only concerned with Class 3.
- ◆ Class 3 provided the greatest visibility for the wearer under poor light conditions and at greater distances and should meet the following criteria:
- ◆ Stripes/bands are to be in a distinctive, standardized pattern:
 - ⇒ A symmetric "X" on the back extending from the shoulders to the waist.
 - ⇒ Two vertical stripes on the front passing over the shoulders and down to the waist.
 - ⇒ A waist-level horizontal stripe extending entirely around the back to the bottom of the vertical stripes on the front. This horizontal stripe may continue between the front vertical stripes (optional). For Class 3 apparel, stripes/bands encircling both arms and both legs are added.



Benefits:

- ◆ Wearing hi-vs clothing and head gear and making it mandatory on all worksites will significantly reduce the risk of potential injury to our workers. Getting our workers home safely at the end of each day is our primary goal towards health and safety in the workplace.
- ◆ By taking these steps now, before an injury occurs allows Cabra to have a proactive approach to safety.